



ENACT.

European Network Against
Crime and Terrorism

revion

Rehabilitation, Violence, Neurodivergent

ACT-based rehabilitation for neurodivergent people in criminal justice system and forensic outpatient care

Neurodivergent individuals involved in criminal or other high-risk behaviours represent a vulnerable group whose needs are not always adequately addressed by traditional rehabilitation services. **Revion Rehabilitation** was developed to bridge this gap, providing specialised support for neurodivergent individuals with a criminal background or an elevated risk of offending.

Based on **Acceptance and Commitment Therapy (ACT)** and **Dialectical Behaviour Therapy (DBT)**, Revion Rehabilitation adopts a neurodiversity-affirming approach that helps individuals develop self-awareness, emotional regulation, impulse control and the skills needed to build authentic and meaningful lives.

Designed specifically
for neurodivergent
Individuals



Unlike traditional offender rehabilitation programmes, Revion was developed to address the unique needs, strengths and challenges of neurodivergent people who have offended or are at increased risk of offending.

A neurodiversity-
affirming approach



Revion moves beyond a deficit-focused model. Participants are supported in understanding themselves, living authentically, and building meaningful lives while developing skills that reduce risk and improve well-being.

Revion's effectiveness and
innovative approach have
received national and
international recognition



Recognised for
innovation and
impact

Accessible
nationwide



By offering both remote and face-to-face rehabilitation, Revion has been able to reach participants regardless of location.

Evidence-based
therapeutic methods



The programme combines Acceptance and Commitment Therapy (ACT) and Dialectical Behaviour Therapy (DBT), two well-established approaches that strengthen emotional regulation, impulse control, psychological flexibility and resilience.

Bridging
rehabilitation and
public safety



Revion focuses not only on reducing risk factors associated with offending but also on enhancing quality of life, social participation and successful reintegration into society. This dual focus benefits both individuals and communities.

Delivered across
service boundaries



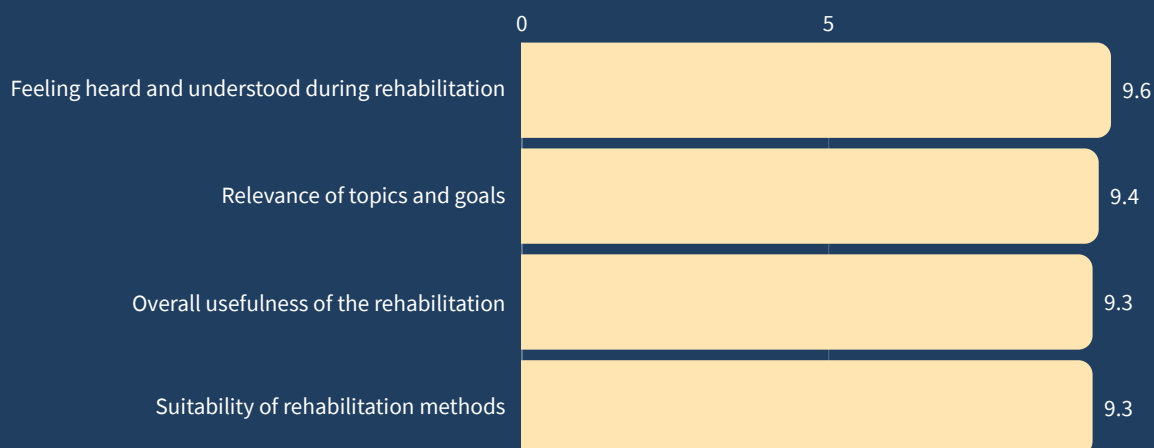
The programme has been successfully implemented in prisons, during the transition from custody to the community, and within forensic psychiatric outpatient services, providing continuity of support where it is most needed.

Innovative Aspects of the Solution



Real-World Impact

The programme has been delivered both remotely and in person, enabling nationwide access in Finland. Clients have reported increased self-understanding, improved emotional regulation and stronger coping skills in everyday life. Feedback from prison staff and forensic psychiatry professionals indicated improved engagement, reduced impulsivity and conflict, enhanced social interaction, and strengthened functional capacity and wellbeing.



"My drug use has decreased considerably. I can better understand the consequences of my actions and what to do to get to a certain point in life. I can have other emotions besides hate."

"It has given me more confidence with others and opened locks so that I can be more myself. I've gained more impulse control as I don't lose my temper so easily when I have a place where I can share my thoughts."

"A realistic and humane approach from the beginning. I've been able to talk about my own thoughts openly for real."

By addressing the factors that contribute to criminal and risk behaviour, Revion Rehabilitation supports successful reintegration into society while helping to reduce reoffending and improve quality of life. In doing so, it benefits both individuals and wider public safety.



How ENACT Funding supported REVION

Support from ENACT has helped raise international awareness of the Revion Rehabilitation programme. The funding enabled participation in the ACBS (Association for Contextual Behavioral Science) World Conference 2026, where a poster on the Revion Rehabilitation programme was presented. ENACT funding has also enabled the translation of the Revion workbook for clients into English. The workbook will be available on the English-language Revion website. Although the impact of the support cannot yet be evaluated, it is expected to contribute to wider dissemination of information and promote international collaboration.



1st Place, Finnish
Crime Prevention
Award 2024



2nd Place, European
Crime Prevention
Award 2024

Autism Foundation Finland has worked since 2018 to answer the needs of neurodivergent people with risk or criminal behaviour by developing a rehabilitation model for these individuals. Over 200 clients have completed a rehabilitation programme since 2018. Revion Rehabilitation has been developed using research-based and experiential knowledge from neurodivergent individual as well as professionals.

Further Information



<https://www.autismisaatio.fi/toimintamme/revion/revion-in-english.html>



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**Funded by
the European Union**

Through the Cooperation Pillar, ENACT is supporting 12 innovative projects with additional funding to enhance their communication, dissemination and exploitation activities.